

### Criteria:

- ✿ Singapore citizen, 18–30 years old
- ✿ Youth leader or youth officer with a proven track record of active youth, community or public service
- ✿ Interested in cultural exchanges and in fostering new friendships with youth from the ASEAN countries and Japan
- ✿ Able to commit to at least 2 months of intensive training prior to the start of the programme



### Application Procedures:

SSEAYP is usually held from October to December every year, with applications starting in February/March. Please visit [www.nyc.pa.gov.sg](http://www.nyc.pa.gov.sg) for more details during that period. Application forms are available for download on the website.

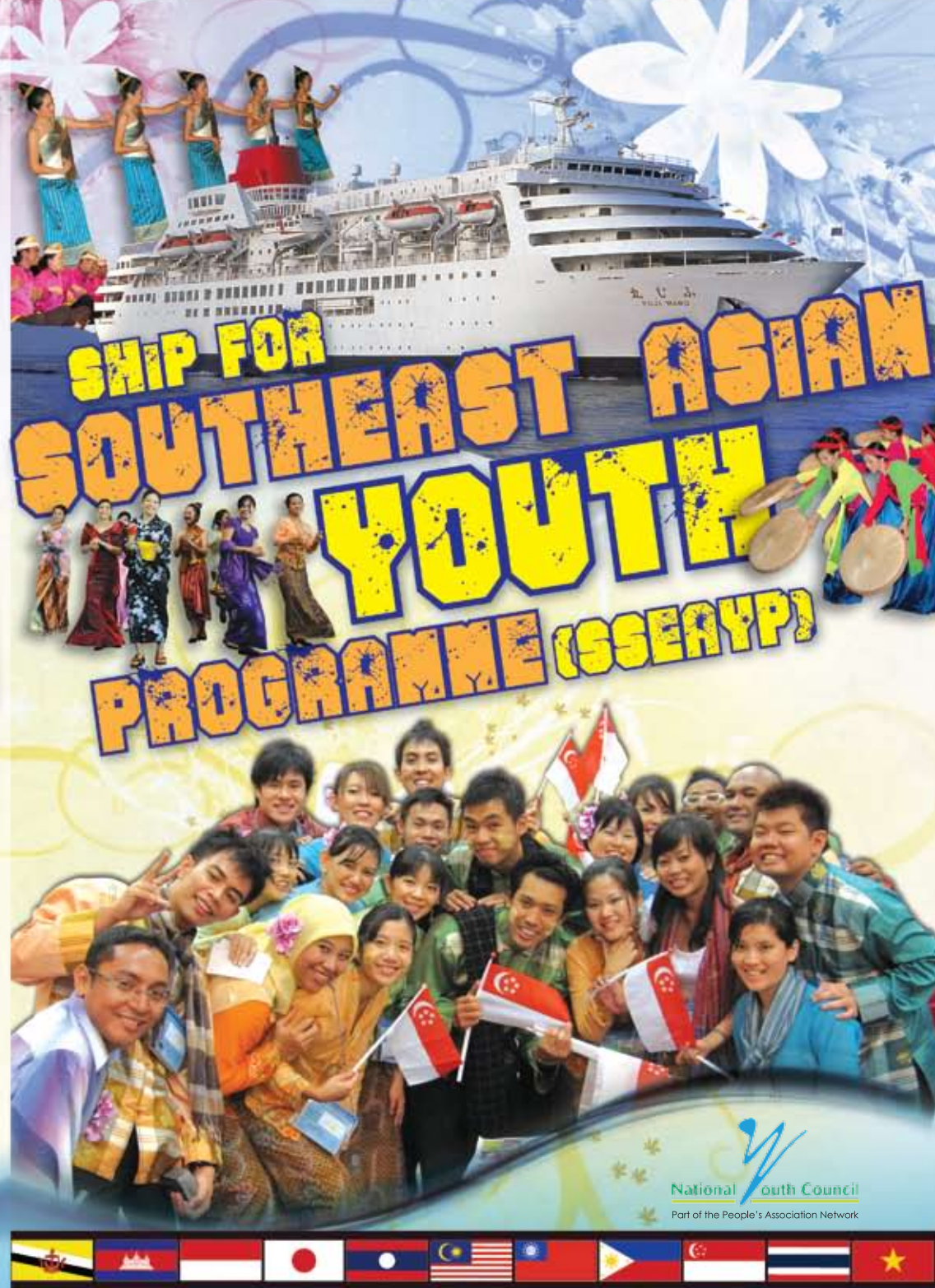


### Selection Process:

All shortlisted applicants are required to attend an interview and a selection session held over a weekend. Selected participants are required to undergo an intensive orientation programme, which includes evening training sessions on weekdays and residential training sessions on weekends. Training will involve research on discussion topics, teambuilding, performance rehearsals and lessons on cross-cultural understanding, effective communication and networking.



Coordinated by:





# THE SHIP FOR SOUTHEAST ASIAN YOUTH PROGRAMME

The Ship for Southeast Asian Youth Programme (SSEAYP) is an annual programme sponsored by the Japanese Government and supported by the member-countries of ASEAN. Started in 1974, the programme brings together about 300 youths from all ten ASEAN countries and Japan, providing them with the unique opportunity to interact on board the ship Fuji Maru and at different ports-of-call for about 53 days. Singapore sends 28 participants for the programme each year.

**Objectives:**  
SSEAYP aims to foster friendship and greater understanding among youths from Japan and ASEAN, and to broaden their international outlook.

**Key Highlights:**  
A series of activities is lined up on board the ship and at each port-of-call for the selected participants:

**1. Discussion Programme on "Youth Participation and Social Activities"**  
Explore social and youth issues with peers from ASEAN and Japan in facilitated discussions. Topics include cross-cultural understanding, the environment, international relations, education and youth development.



**2. Institutional Visits**  
Study various aspects of the countries, such as education, social welfare, and industrial development through visits to relevant institutions.



### 3. Homestay

What better way to experience the way of life of a country than to live, eat, and sleep with a local family? Enjoy the warmth of a family in a foreign land.



### 4. Cultural Appreciation

Expose yourself to the rich cultural diversity of ASEAN and Japan with cultural performances by each country contingent.



### 5. Courtesy Calls on Dignitaries

Meet senior government officials, Heads of Government and members of royal families at the various ports-of-call.

In Singapore, SSEAYP is co-ordinated by the National Youth Council (NYC) - the national co-ordinating body for youth and youth sector development in Singapore, together with the SSEAYP International Singapore (SIS), the alumni body of past SSEAYP Singapore participants.

